

# Priority Principle™: Golfer's Elbow (Tendinosis)



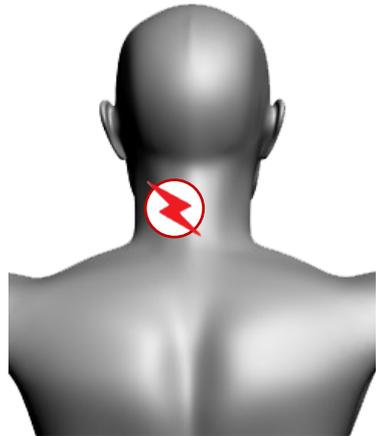
Method	Dose	Notes
 Acute	5-1000 Hz x 3 minutes	"Rescue" for injuries <48 hours



# Priority Principle™: Golfer's Elbow (Tendinosis)



Method	Dose	Notes
 Spasm	1000 Hz x 2 minutes per spasm	Pontinen's Principle
 Pain	500-1000 Hz for 3 minutes  -----or  1000 Hz x 2-5 minutes	Systemic target (NRT)  -----or  Local targets

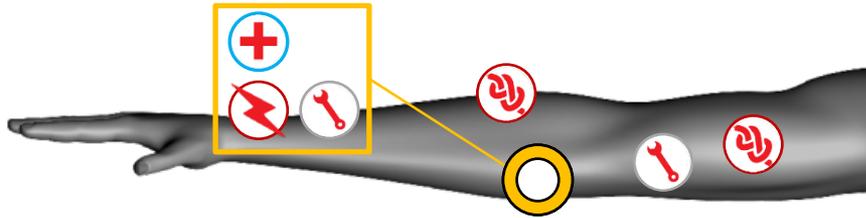


# Priority Principle™: Golfer's Elbow (Tendinosis)



Method	Dose	Notes
 Tissue Repair	5-250 Hz for 2 minutes or TARGET/DOSE  -----and  50 Hz x 5 minutes	Local targets  -----and  Systemic target (PHT) at Antibrachial artery

# Priority Principle™: Golfer's Elbow (Tendinosis)



	Method	Dose	Notes
	Acute	5-1000 Hz x 3 minutes	"Rescue"
	Spasm	1000 Hz x 2 minutes per spasm	Pontinen's Principle
	Pain	500-1000 Hz for 3 minutes -----or 1000 Hz x 2-5 minutes	Systemic target (NRT) -----or Local targets
	Tissue Repair	5-250 Hz for 2 minutes or TARGET/DOSE -----and 50 Hz x 5 minutes	Local targets -----and Systemic target (PHT) at Popliteal artery