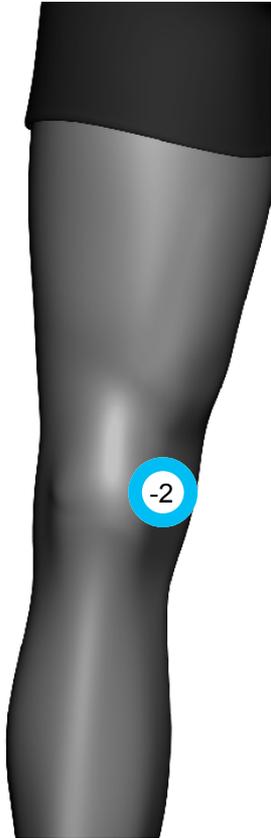




Priority Principle™: Knee Meniscus Injuries

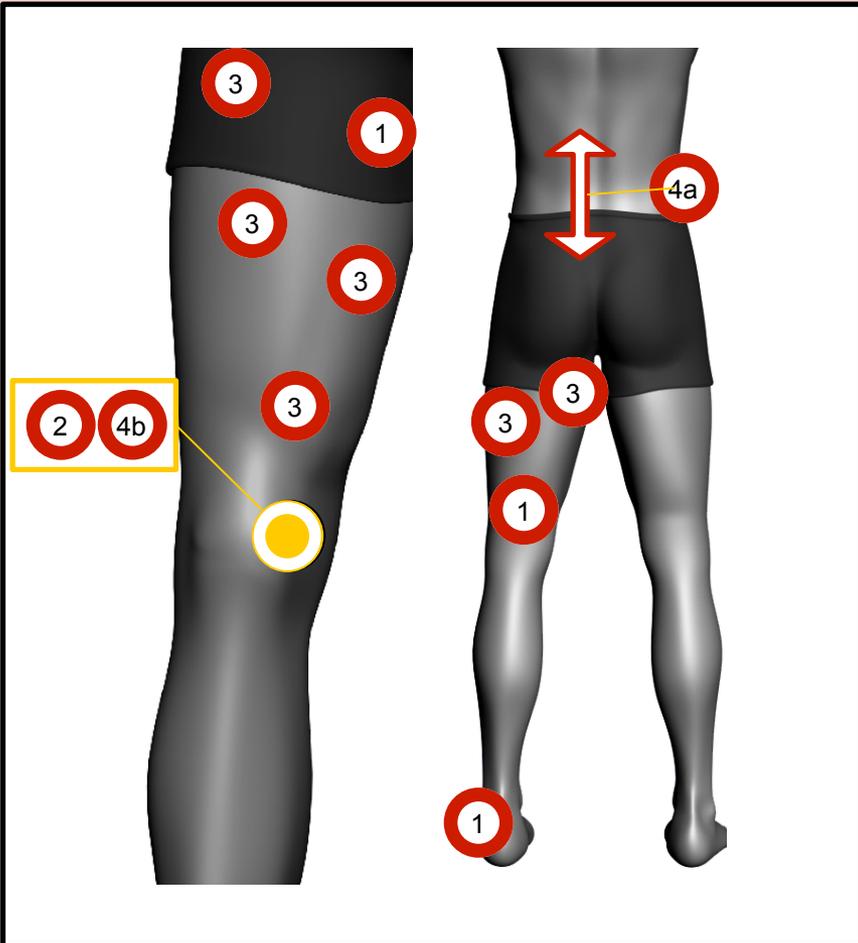


Priority	Principle	Frequency	Time
-2	<48 Hours (Acute Injury)	5-1000 Hz	3 Minutes

# of treatments					



Priority Principle™: Knee Meniscus Injuries



Priority	Principle	Frequency	Time
0	Pain (PRN)	(PRN)	
1st	Swelling	1000, 3000, 1000-3000 1-2 min per location	Oshiro's Principle, Proximal Priority Principle
2nd	Inflammation	50 Hz	DOSE
3rd	Spasms	1000 Hz PRN	Pontinen's Principle
4th	(a) Pain (Systemic)	1000 Hz NRT	See Method
	(b) Pain (Local)	1000, 3000 or 5000 Hz	3-5 minutes

# of treatments					

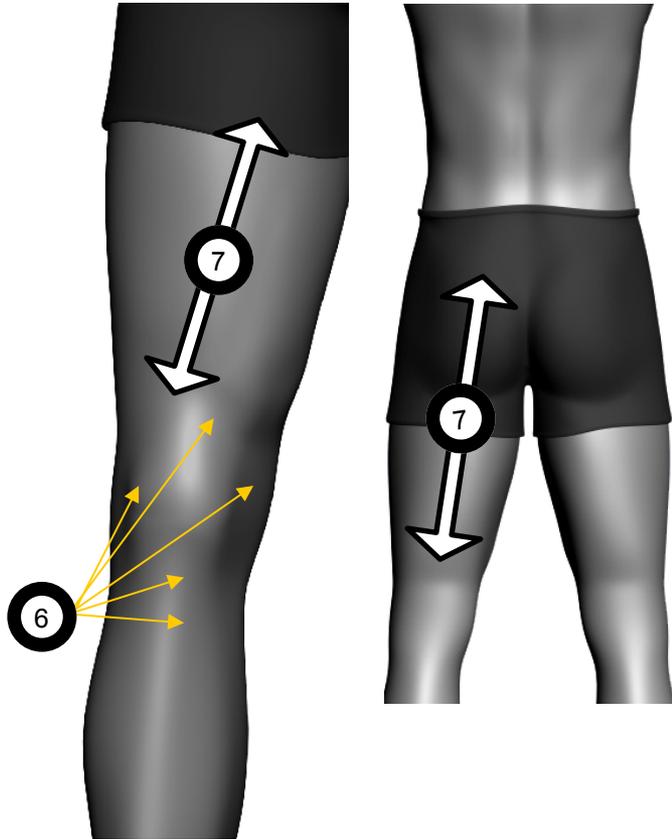
- Priority Principle™: Knee Meniscus Injuries



Priority	Principle	Frequency	Time
5th	(a) Tissue Repair (Primary)	5-250 Hz	DOSE
	and		
	(b) Tissue Repair (Secondary)	50 Hz PHT (Popliteal)	5 minutes

# of treatments					

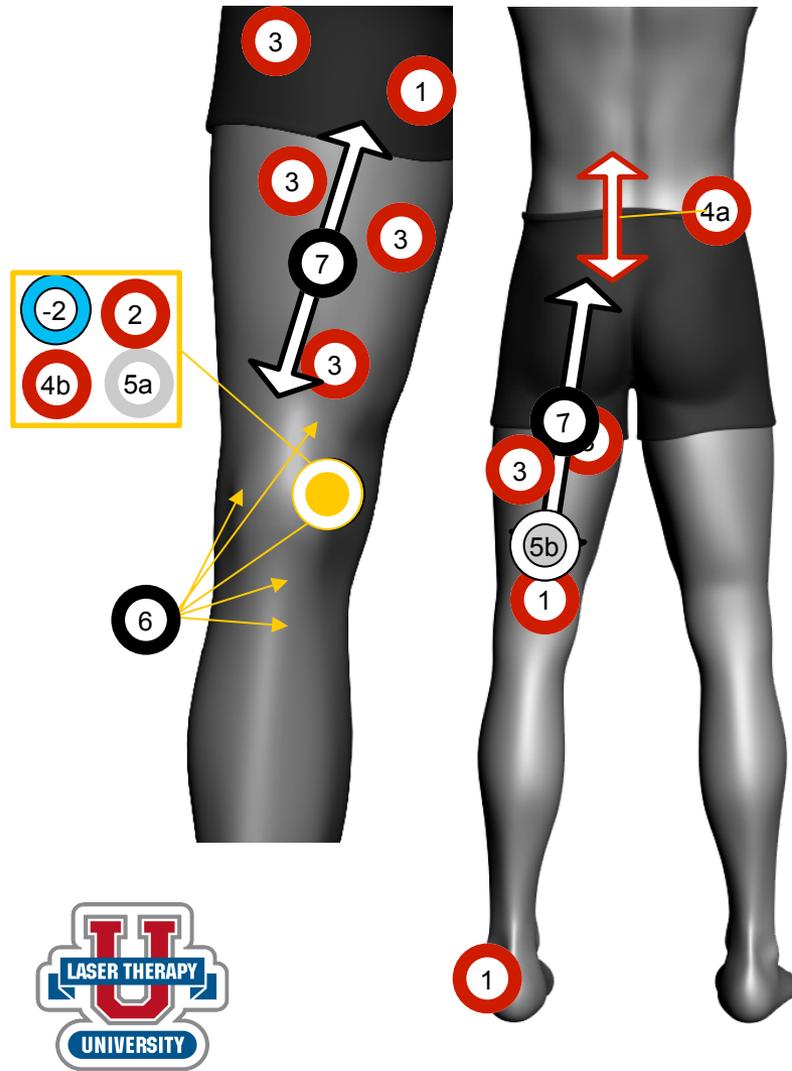
Priority Principle™: Knee Meniscus Injuries



Priority	Principle	Frequency	Time
6th	ROM	1000, 3000 Hz	2-3 minutes
7th	Functional Strength: of affected muscle (s) <u>during</u> training/activity period	5-250 Hz pre activity or 1000 Hz immediately before	2-3 min scanning with LaserShower*

# of treatments					

Priority Principle™: Knee Meniscus Injuries



Priority	Principle	Frequency	Time
-2	<48 Hours (Acute Injury)	5-1000 Hz	3 Minutes
0	Pain (PRN)	(PRN)	
1st	Swelling	1000, 3000, 1000-3000 1-2 min per location	Oshiro's Principle, Proximal Priority Principle
2nd	Inflammation	50 Hz	DOSE
3rd	Spasms	1000 Hz	Pontinen's Principle
4th (a)	Pain (Systemic)	1000 Hz NRT	See Method
OR			
(b)	Pain (Local)	1000, 3000 or 5000 Hz	3-5 minutes
5th (a)	Tissue Repair (Primary)	5-250 Hz	DOSE
and			
(b)	Tissue Repair (Secondary)	50 Hz PHT (Popliteal)	5 minutes
6th	ROM	1000, 3000 Hz	2-3 minutes
7th	Functional Strength: of affected muscle (s) <u>during</u> training/ activity period	5-250 Hz pre activity or 1000 Hz immediately before	2-3 min scanning with LaserShower*

