

Priority Principle™: 4a Pain(S) Options and Settings

Priority	Principle	Setting	Notes
-1	Oshiro's Proximal Priority Treatment (OPPT)	1000 Hz	30s per 4 sub occipital locations
4 (a)	Nerve Roots and Trunks, NRT	1000, 1000-3000, 3000 or 5000 Hz	Stimulate innervating root and trunks of target site
4 (a)	Scanning of Dermatomes	1000, or 1000-3000, 3000, 5000 Hz	4 minutes scanning along the affected dermatome
4 (a)	Muscle Spasm and Trigger Points: at palpable spasms in affected area, active and latent	1000 or 3000 Hz scanning	Accessory muscle spasm and trigger points
4 (a)	Laserpuncture, LAcP	1000 Hz with Photoprobes	Corporal, Auricular, Korean Hand

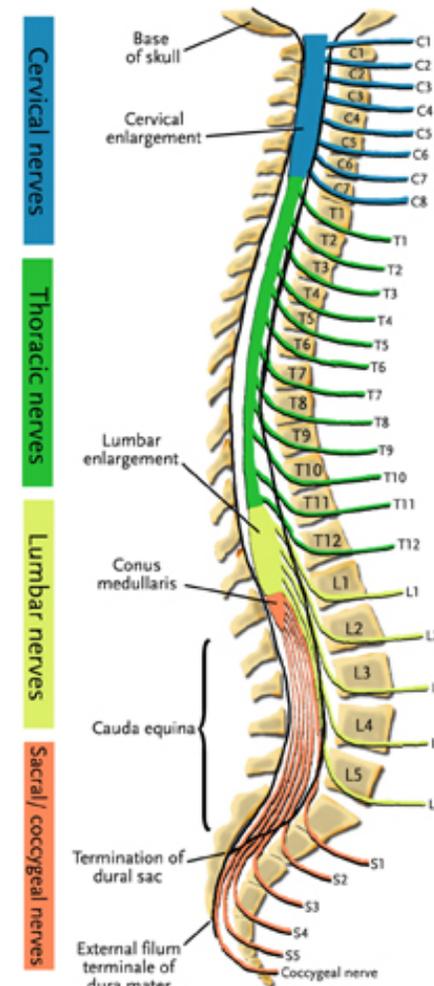
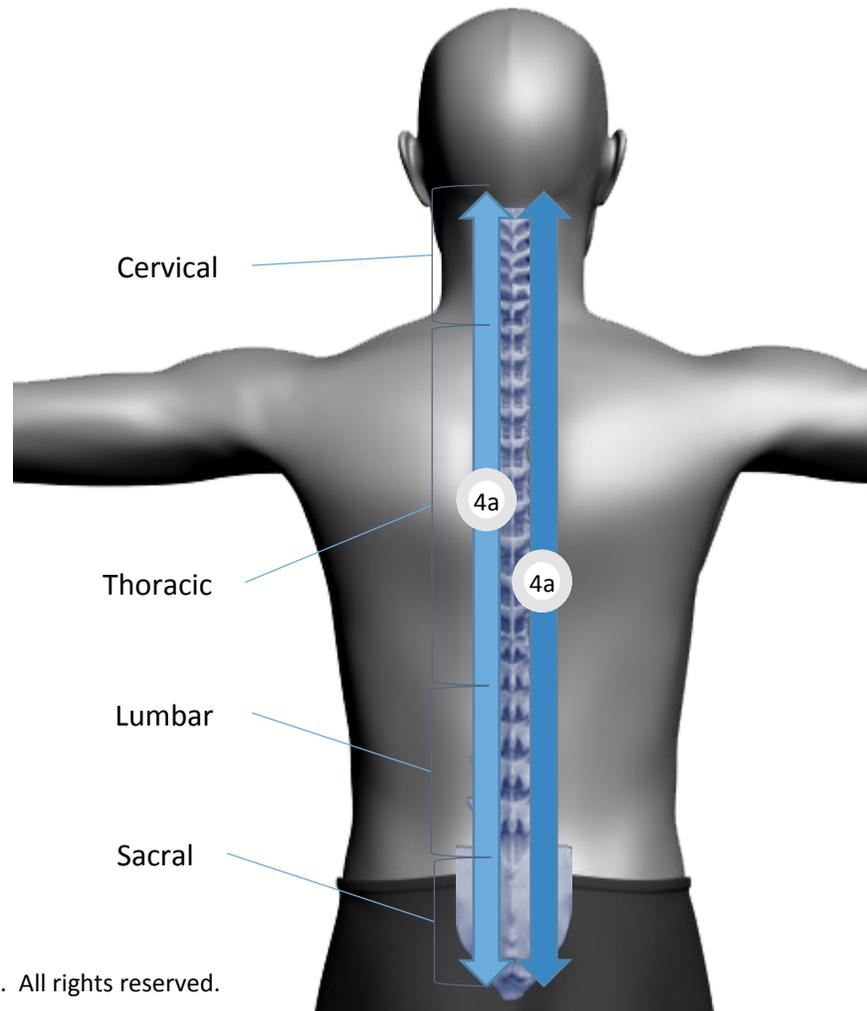
Pain Level	Setting
1-3	1000 Hz
4-6	3000 Hz
7-10	5000 Hz



* Note: -1 Priority for Oshiro's Proximal Priority Treatment are covered in -1 Priority General Stimulation and only included here as a reference, since Oshiro's Proximal Priority is a systematic treatment for chronic pain.

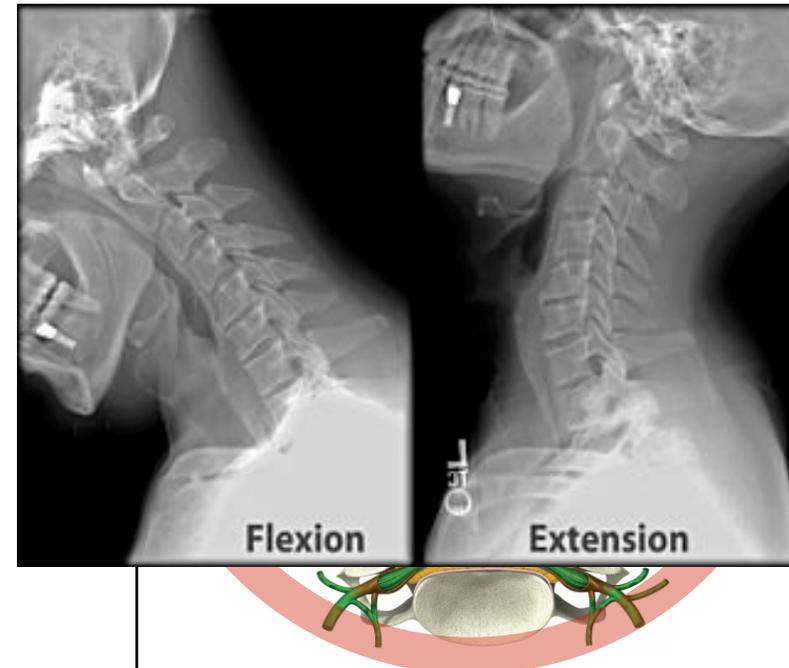
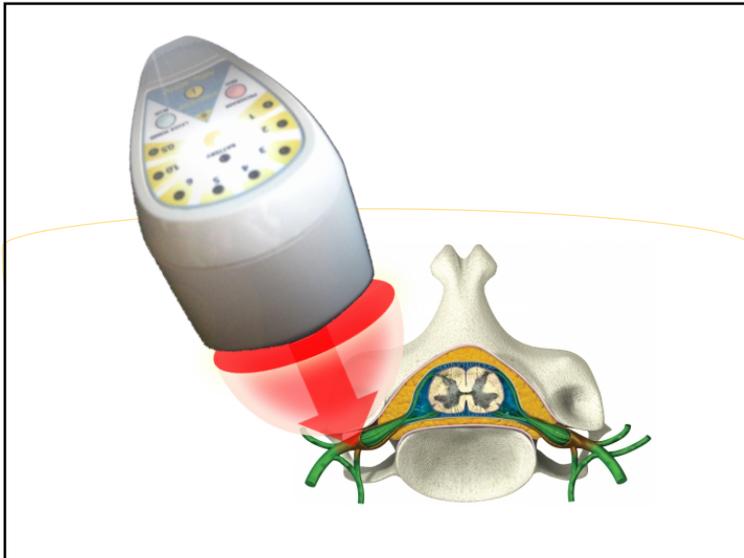
Priority Principle™: 4a Pain(S) Nerve Roots and Trunks (NRT)

	4(a)	Restoration/improvement of neurological function	1000, or 1000-3000, 3000, 5000 Hz	2-4 minutes scanning affected level, above and below, bilaterally with majority of the time on affected side
--	------	--	-----------------------------------	--



Priority Principle™: 4a Pain(S) Nerve Roots and Trunks (NRT)

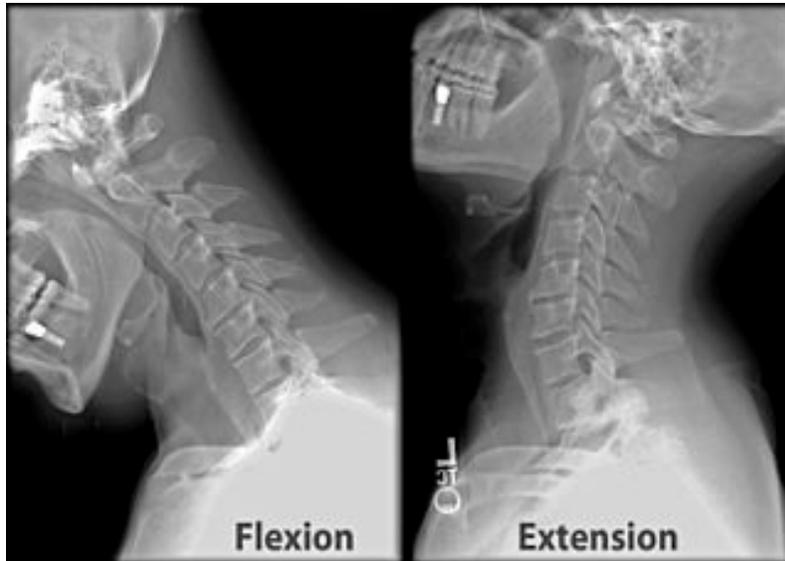
	4	(a)	Restoration/improvement of neurological function	1000, or 1000-3000, 3000, 5000 Hz	2-4 minutes scanning affected level, above and below, bilaterally with majority of the time on affected side
--	---	-----	--	-----------------------------------	--



Scanning Technique: Scanning the affected side or locally for affected levels, keeping to the no more than 3 levels

Priority Principle™: 4a Pain(S) Nerve Roots and Trunks (NRT) Anterior Approach

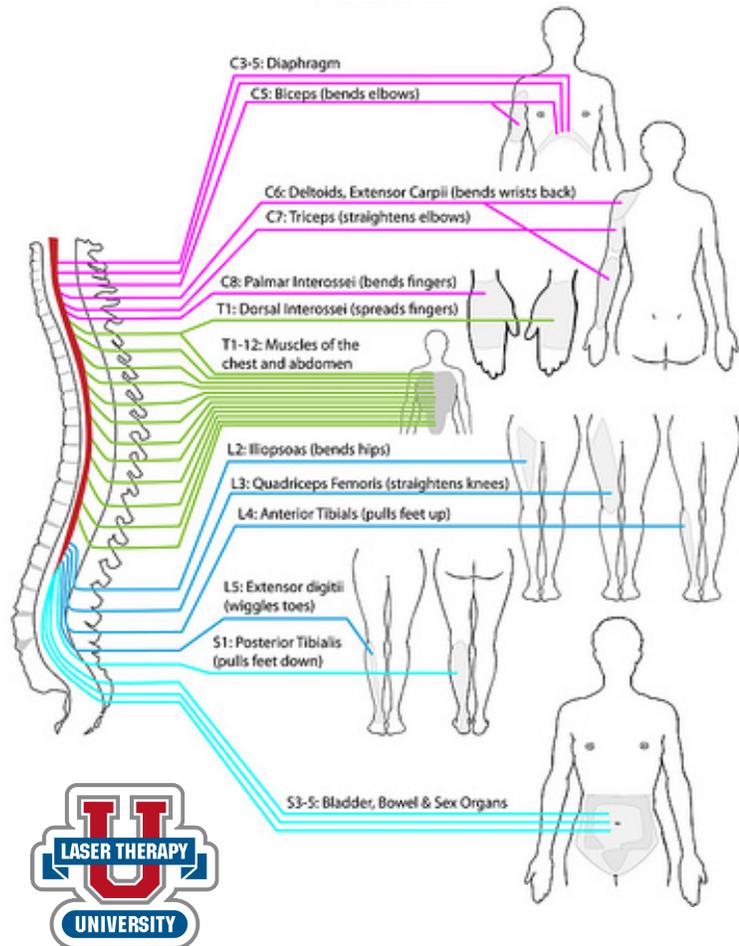
	4 (a)	Restoration/improvement of neurological function	1000, or 1000-3000, 3000, 5000 Hz	2-4 minutes scanning affected level, above and below, bilaterally with majority of the time on affected side
--	-------	--	-----------------------------------	--



Scanning Technique: Scanning the affected side or locally for affected levels, keeping to the no more than 3 levels

Priority Principle™: 4a Pain(S) Myotomes (NRT)

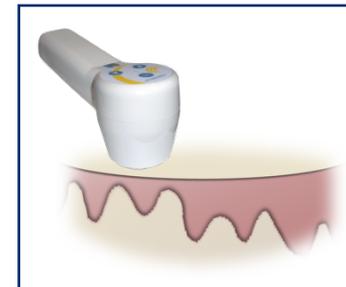
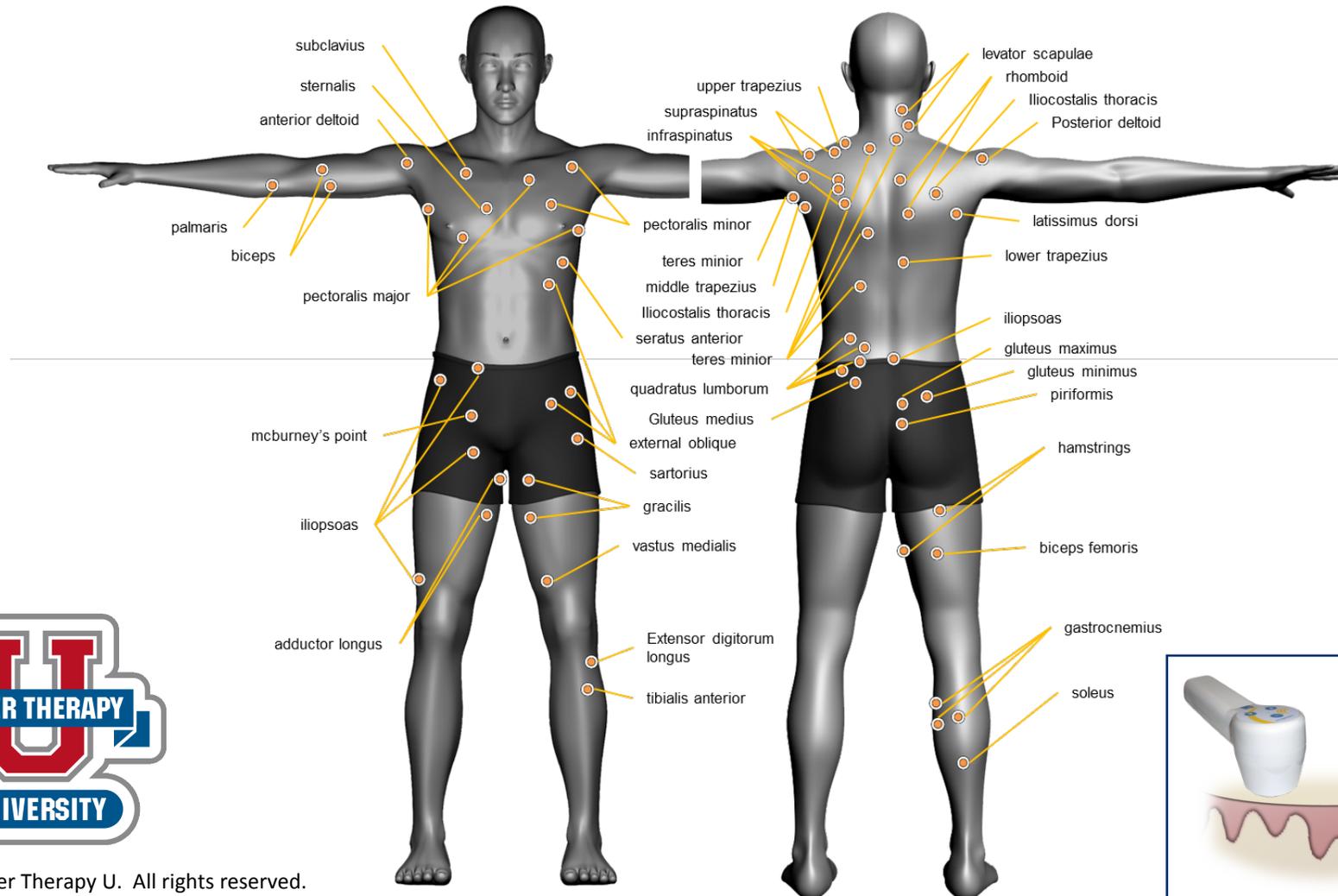
4	(a)	Restoration/improvement of neurological function	1000, or 1000-3000, 3000, 5000 Hz	4 minutes scanning along the affected myotome; in addition the nerve root should be treated bilaterally for 1-2 min each
---	-----	--	-----------------------------------	--



Level	Action
C1/C2	neck flexion/extension
C3	Neck lateral flexion
C4	shoulder elevation
C5	shoulder abduction
C6	elbow flexion/wrist extension
C7	elbow extension/wrist flexion
C8	thumb extension
T1	finger abduction
L2	hip flexion
L3	knee extension
L4	ankle dorsiflexion
L5	1 st toe extension
S1	ankle plantar-flexion
S2	knee flexion

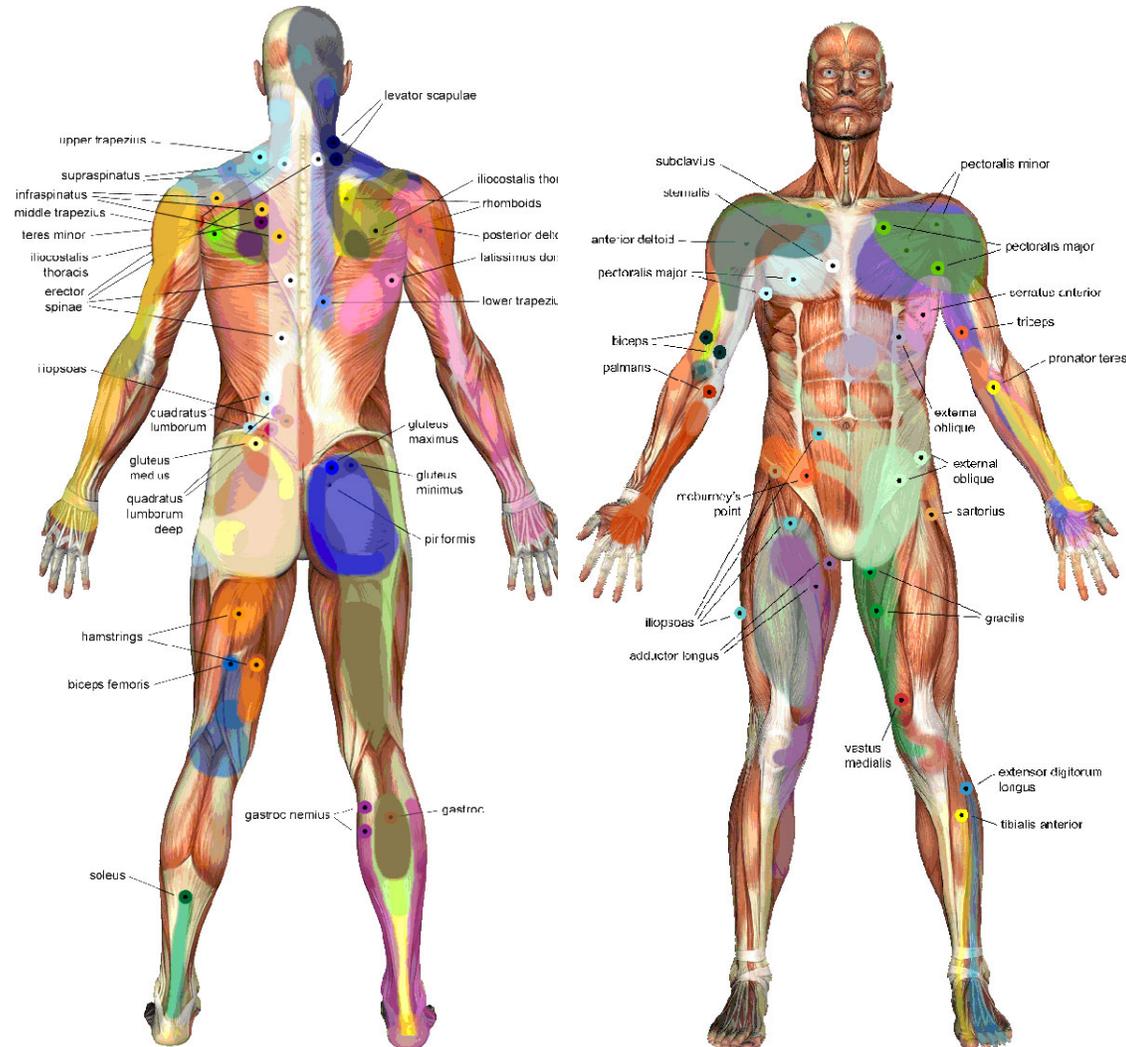
Priority Principle™: 4a Pain(S) Muscle Spasm and Trigger Points

	4	(a)	Spasms: at palpable spasms in affected area, active and latent	1000 or 3000 Hz wit	2-5 min per location scanning
--	---	-----	--	---------------------	-------------------------------



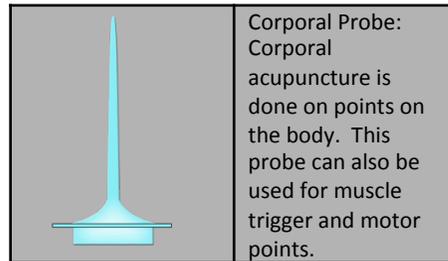
Priority Principle™: 4a Pain(S) Muscle Spasm and Trigger Points Referred Pain Patterns

4	(a)	Spasms: at palpable spasms in affected area, active and latent	1000 or 3000 Hz wit	2-5 min per location scanning
---	-----	--	---------------------	-------------------------------

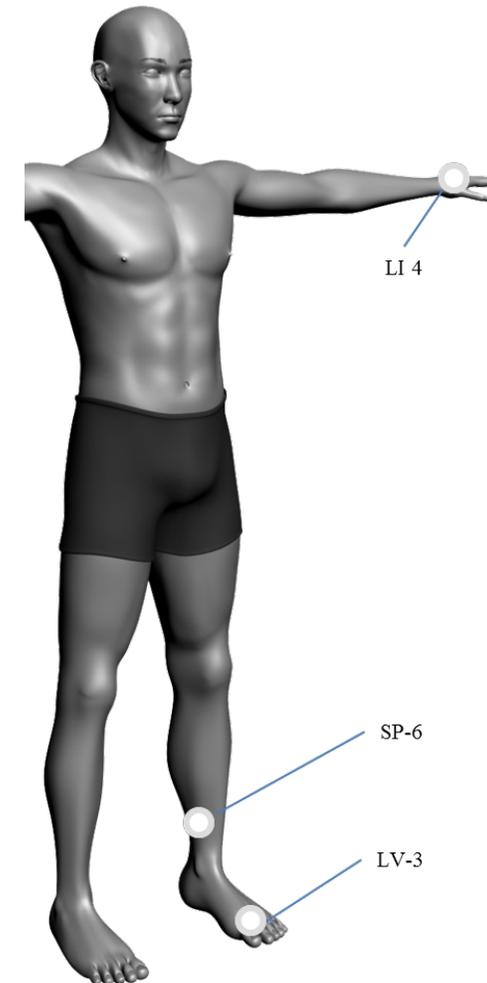


Priority Principle™: 4a Pain(S) Commonly Used Corporal Acupoints for the Body (Entire)

4	(a)	Probe the acupoint gently but firmly to evaluate the amount of discomfort the patient	1000 or 3000 Hz with Corporal Photoprobe	30 seconds per point to only the most painful or sensitive points
---	-----	---	--	---

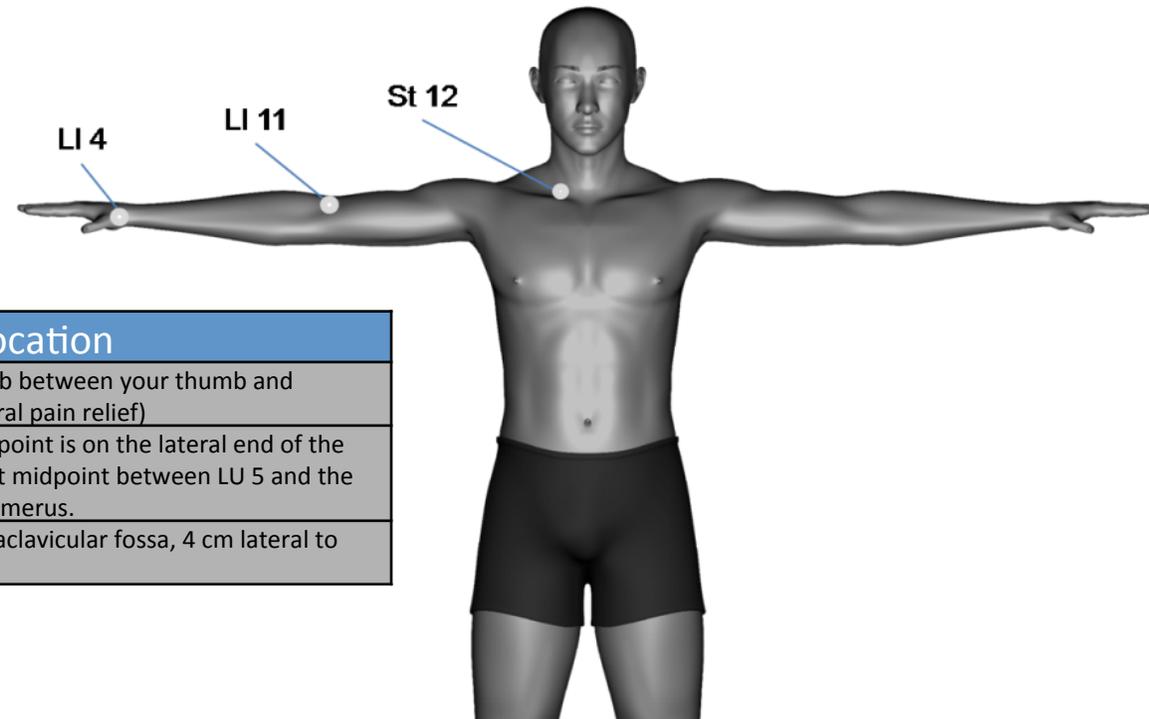
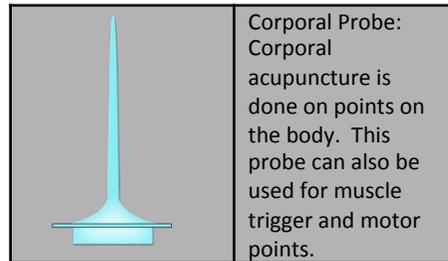


Name	Location
LI-4	This is in the soft, fleshy web between your thumb and forefinger (headache, general pain relief)
Lv-3	This is in the soft flesh that sits between your big and 2nd toes. It's an area similar to L14.
Sp-6	This is about three finger widths above your inner anklebone. It is a tender area of the lower calf muscle.



Priority Principle™: 4a Pain(S) Commonly Used Corporal Acupoints for Upper Extremity

4	(a)	Probe the acupoint gently but firmly to evaluate the amount of discomfort the patient	1000 or 3000 Hz with Corporal Photoprobe	30 seconds per point to only the most painful or sensitive points
---	-----	---	--	---



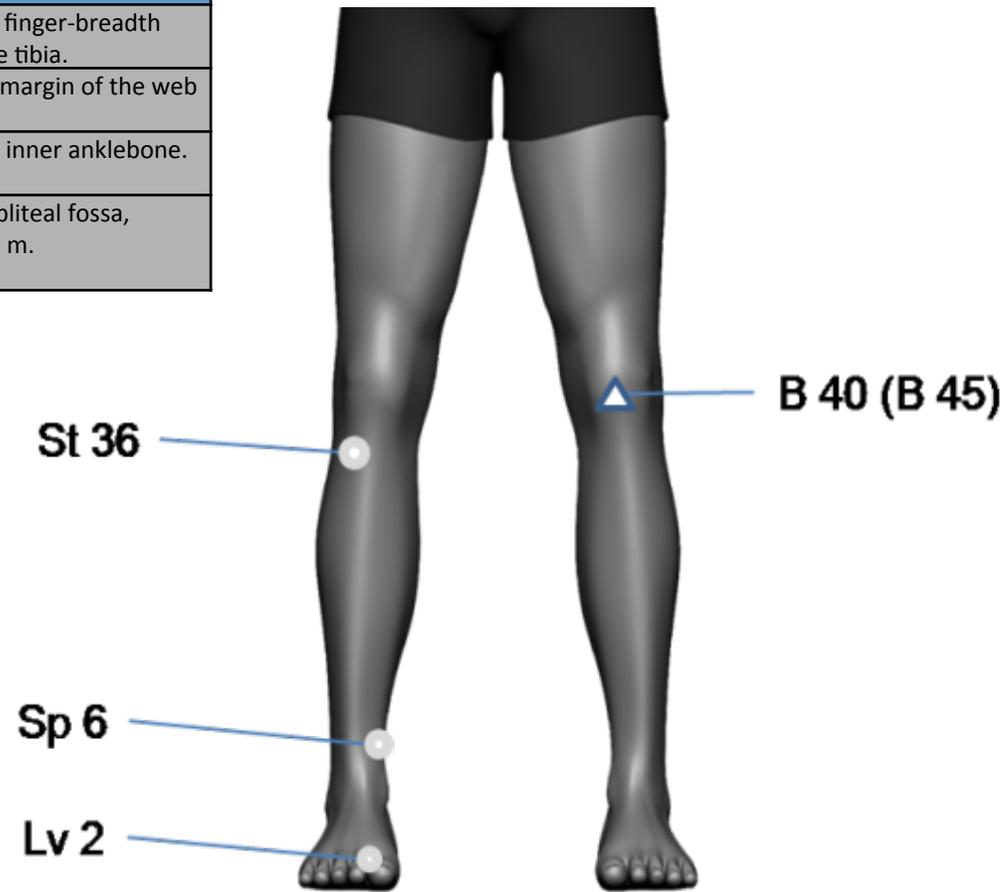
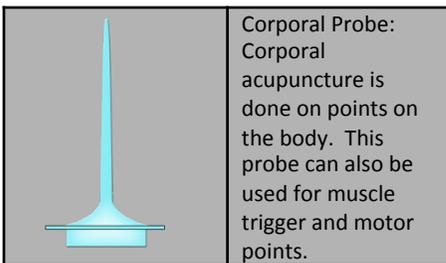
Name	Location
LI-4	This is in the soft, fleshy web between your thumb and forefinger (headache, general pain relief)
LI-11	With the elbow flexed, the point is on the lateral end of the transverse cubital crease, at midpoint between LU 5 and the lateral epicondyle of the humerus.
St-12	In the midpoint of the supraclavicular fossa, 4 cm lateral to the anterior midline.



Priority Principle™: 4a Pain(S) Commonly Used Corporal Acupoints for Lower Extremity

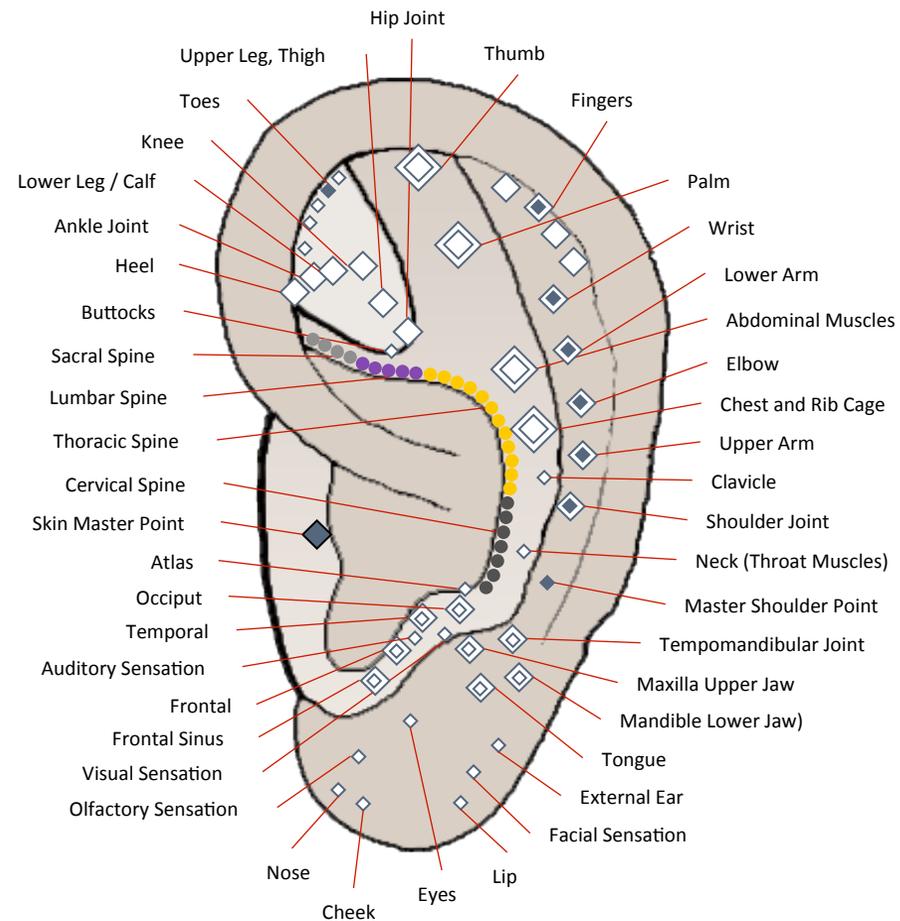
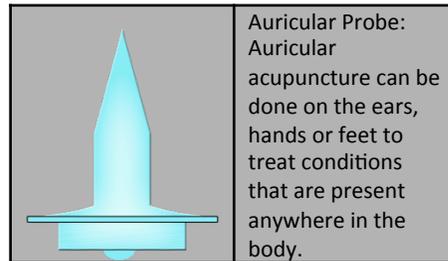
4	(a)	Probe the acupoint gently but firmly to evaluate the amount of discomfort the patient	1000 or 3000 Hz with Corporal Photoprobe	30 seconds per point to only the most painful or sensitive points
---	-----	---	--	---

Name	Location
St-36	On the anterior aspect of the lower leg, one finger-breadth (middle finger) from the anterior crest of the tibia.
Lv-2	On the dorsum of the foot, proximal to the margin of the web between the 1st and 2nd toes.
Sp-6	This is about three finger widths above your inner anklebone. It is a tender area of the lower calf muscle.
B-40	Midpoint of the transverse crease of the popliteal fossa, between the tendons m. biceps femoris and m. semitendinosus.



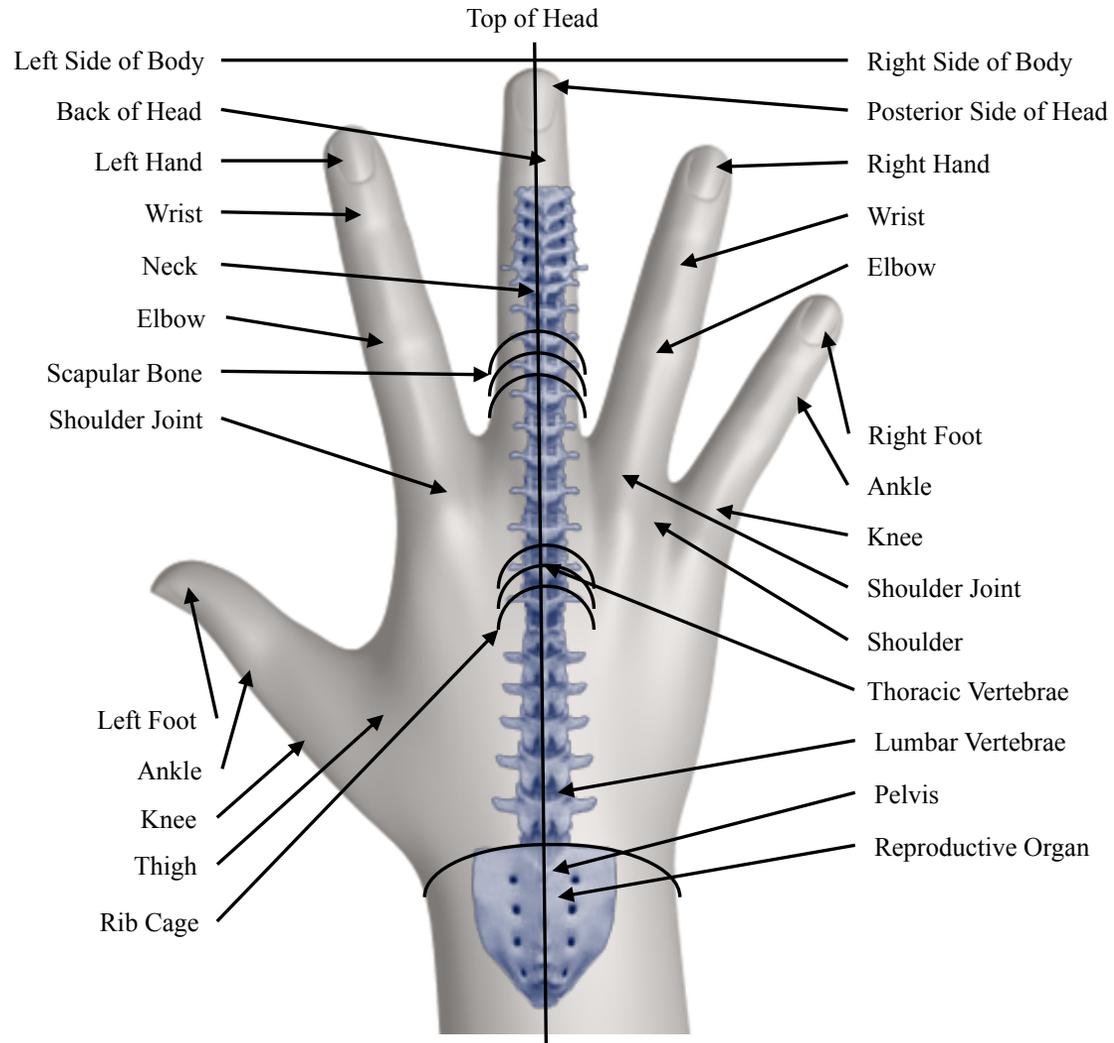
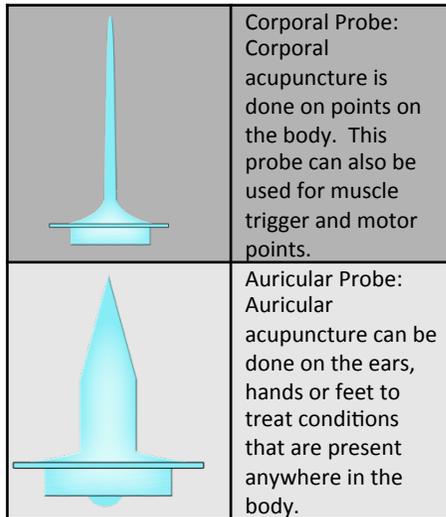
Priority Principle™: 4a Pain(S) Commonly Used Auricular Acupoints

	4	(a)	Probe the acupoint gently but firmly to evaluate the amount of discomfort the patient	1000 or 3000 Hz with Corporal Photoprobe	30 seconds per point to only the most painful or sensitive points
--	---	-----	---	--	---



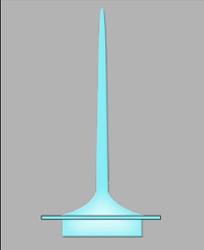
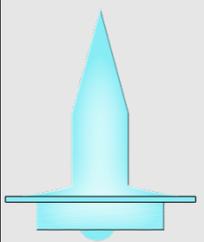
Priority Principle™: 4a Pain(S) Commonly Used Korean Hand Therapy Points (dorsal aspect)

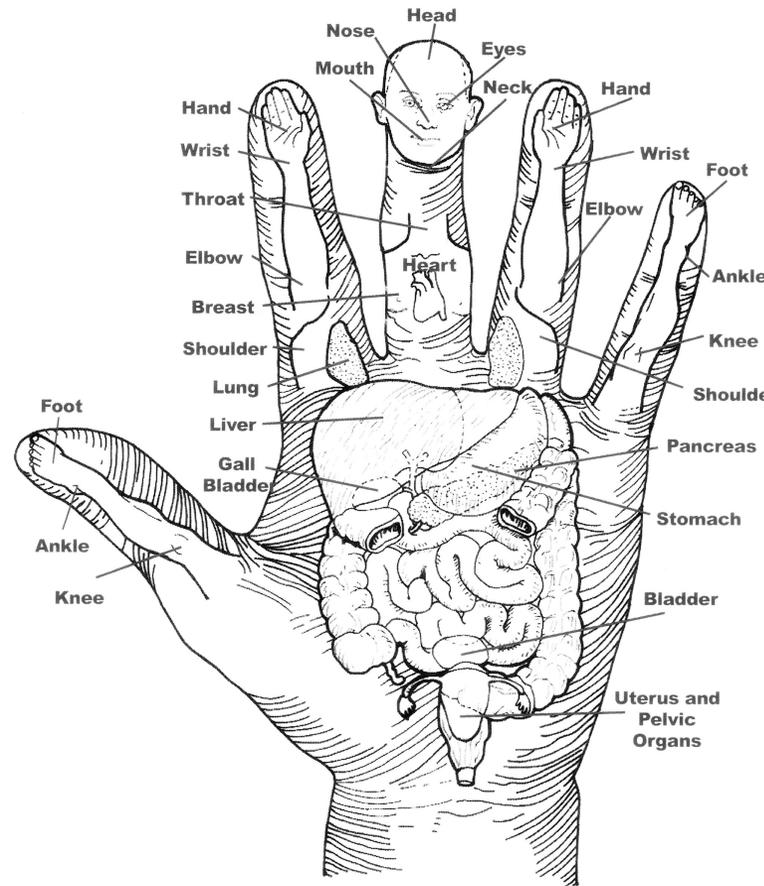
4	(a)	Probe the acupoint gently but firmly to evaluate the amount of discomfort the patient	1000 or 3000 Hz with Corporal Photoprobe	30 seconds per point to only the most painful or sensitive points
---	-----	---	--	---



Priority Principle™: 4a Pain(S) Commonly Used Korean Hand Therapy Points (palmar aspect)

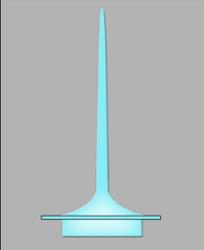
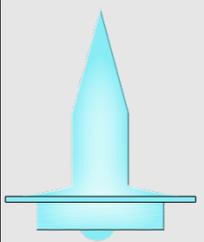
4	(a)	Probe the acupoint gently but firmly to evaluate the amount of discomfort the patient	1000 or 3000 Hz with Corporal Photoprobe	30 seconds per point to only the most painful or sensitive points
---	-----	---	--	---

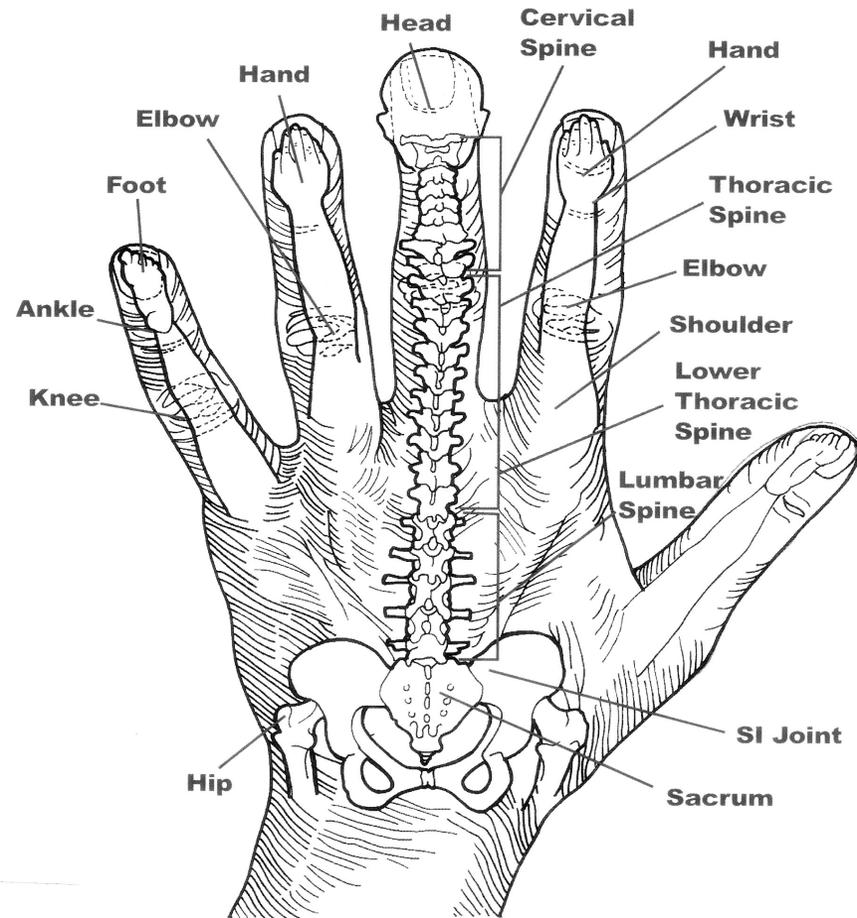
	<p>Corporal Probe: Corporal acupuncture is done on points on the body. This probe can also be used for muscle trigger and motor points.</p>
	<p>Auricular Probe: Auricular acupuncture can be done on the ears, hands or feet to treat conditions that are present anywhere in the body.</p>



Priority Principle™: 4a Pain(S) Commonly Used Korean Hand Therapy Points (dorsal aspect)

4	(a)	Probe the acupoint gently but firmly to evaluate the amount of discomfort the patient	1000 or 3000 Hz with Corporal Photoprobe	30 seconds per point to only the most painful or sensitive points
---	-----	---	--	---

	<p>Corporal Probe: Corporal acupuncture is done on points on the body. This probe can also be used for muscle trigger and motor points.</p>
	<p>Auricular Probe: Auricular acupuncture can be done on the ears, hands or feet to treat conditions that are present anywhere in the body.</p>



Priority Principle™: Stellate Ganglion Laser Therapy Block

Constant room temp, 15 min rest prior	Stellate ganglion is located at the level of C7 (7th cervical vertebrae), anterior to the transverse process of C7, anterior to the neck of the first rib, and just below the subclavian artery, treat bilaterally	3000 Hz	9 min (21.48 J/cm ²)
		5000 Hz	7 min (21.48 J/cm ²)



Utility Probe:
This is an inter cavity probe designed for treatment of the mouth and ears. It may additionally be used as a point probe for patients that may find the corporal probe uncomfortable.

