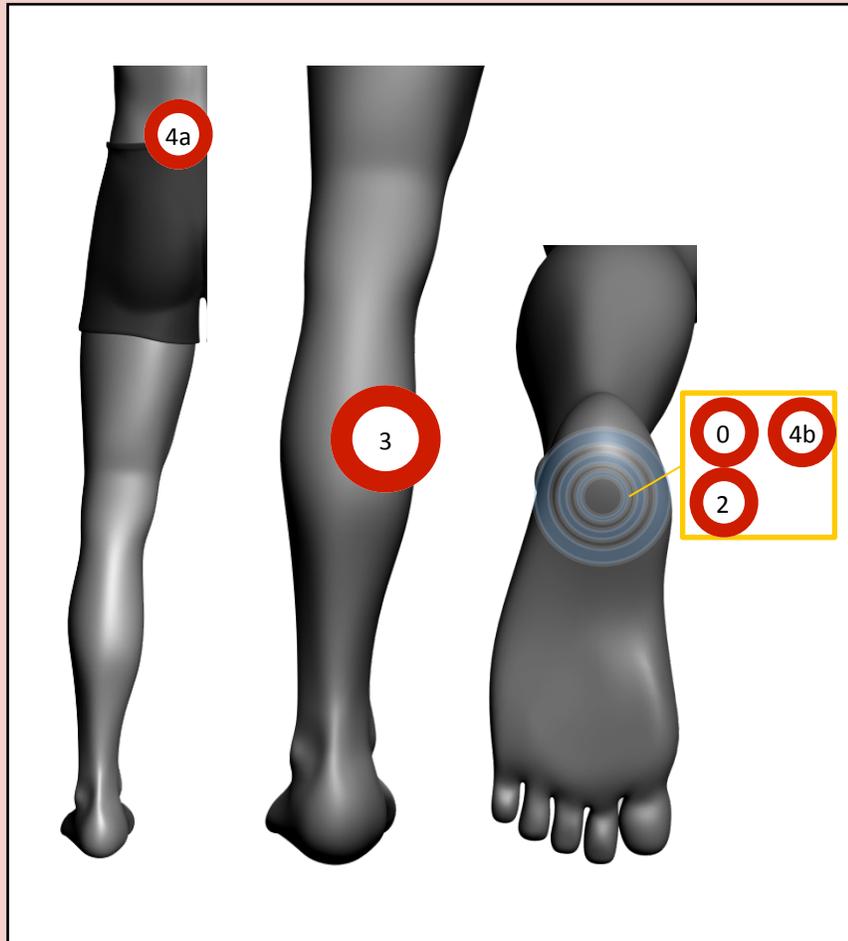


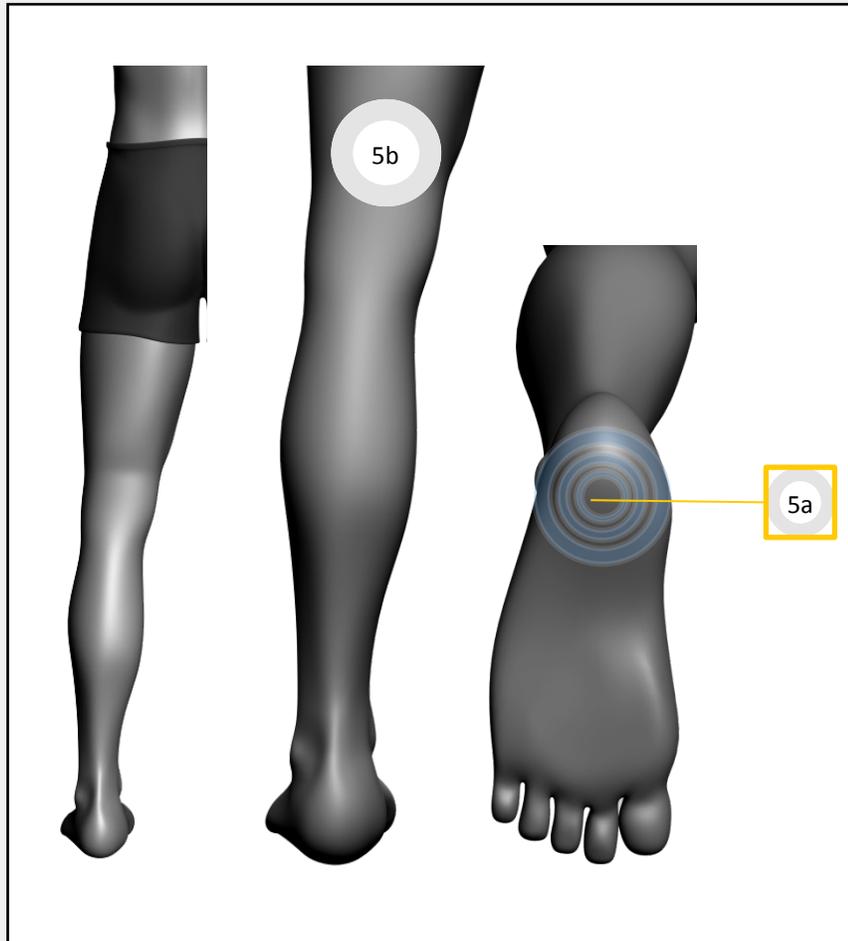
Priority Principle™: Plantar Fasciitis/Calcaneal Spur



Priority	Principle	Plantar fasciitis	Time
0	Pain (PRN)	PRN	
2nd	Inflammation @ TARGET identified locations on plantar aspect of foot	50 Hz (for soft tissue of PF) or 250 Hz (for heel spurs @ calcaneus)	DOSE
3rd	Spasms (R/O medical Gastroc/ Soleus, etc)	1000 Hz	Pontinen's Principle
4th	(a) Pain (Systemic)	500-1000 Hz NRT	3-5 min
	and/or		
(b)	Pain (Local)	1000 or 3000 Hz	3-5 min



Priority Principle™: Plantar Fasciitis/Calcaneal Spur

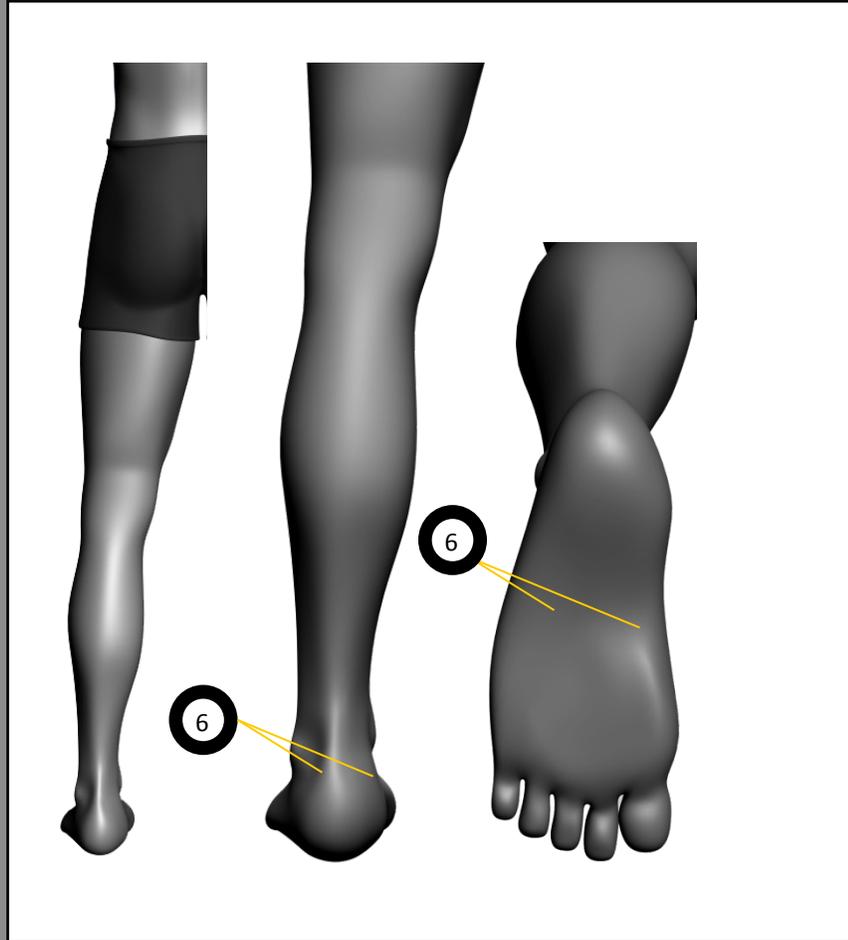


Priority	Principle	Plantar fasciitis	Time
5th (a)	Tissue Repair (Primary) at TARGET identified sites	5-250 Hz	DOSE
and			
(b)	Tissue Repair (Secondary)	50 Hz PHT to Dorsalis Pedis	5 min





Priority Principle™: Plantar Fasciitis/Calcaneal Spur



Priority	Principle	Tendinitis	Time
6th	ROM	1000, 3000 or 5000 Hz	1-2 minutes per point



Priority Principle™: Plantar Fasciitis/Calcaneal Spur

Priority	Principle	Plantar fasciitis	Time
0	Pain (PRN)	PRN	
2nd	Inflammation @ TARGET identified locations on plantar aspect of foot	50 Hz (for soft tissue of PF) or 250 Hz (for heel spurs @ calcaneus)	DOSE
3rd	Spasms (R/O medical Gastroc/ Soleus, etc)	1000 Hz	Pontinen's Principle
4th	(a) Pain (Systemic)	500-1000 Hz NRT	3-5 min
	and/or		
(b)	Pain (Local)	1000 or 3000 Hz	3-5 min
5th	(a) Tissue Repair (Primary) at TARGET identified sites	5-250 Hz	DOSE
	and		
(b)	Tissue Repair (Secondary)	50 Hz PHT to Dorsalis Pedis	5 min
6th	ROM (@ affected joints)	1000, 3000 or 5000 Hz	1-2 min

